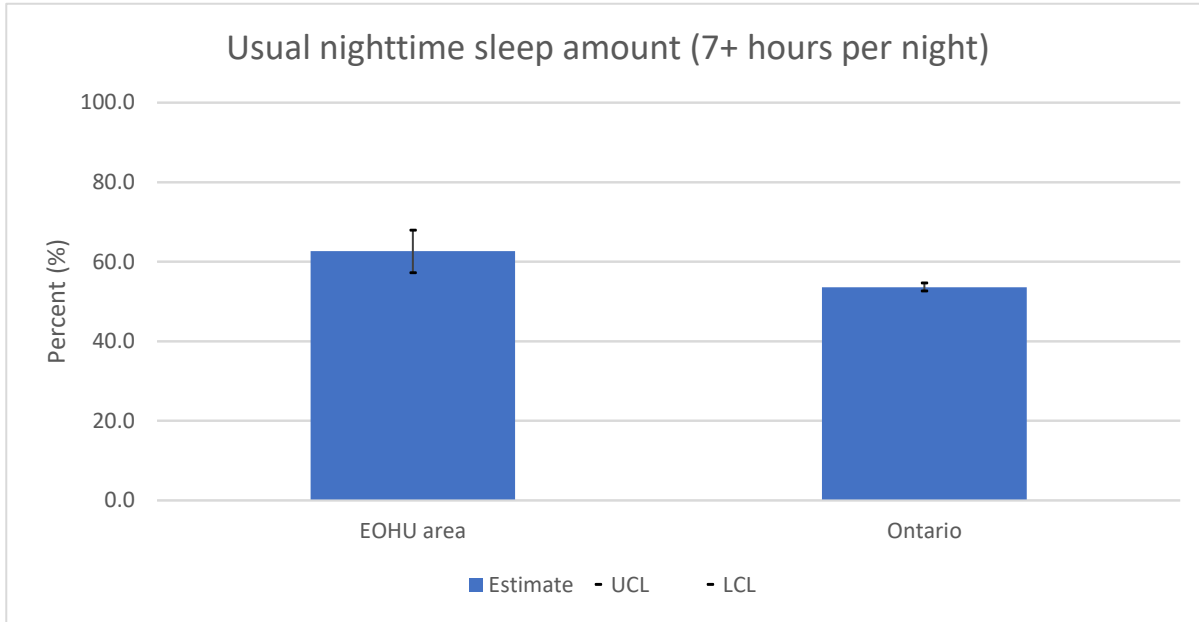
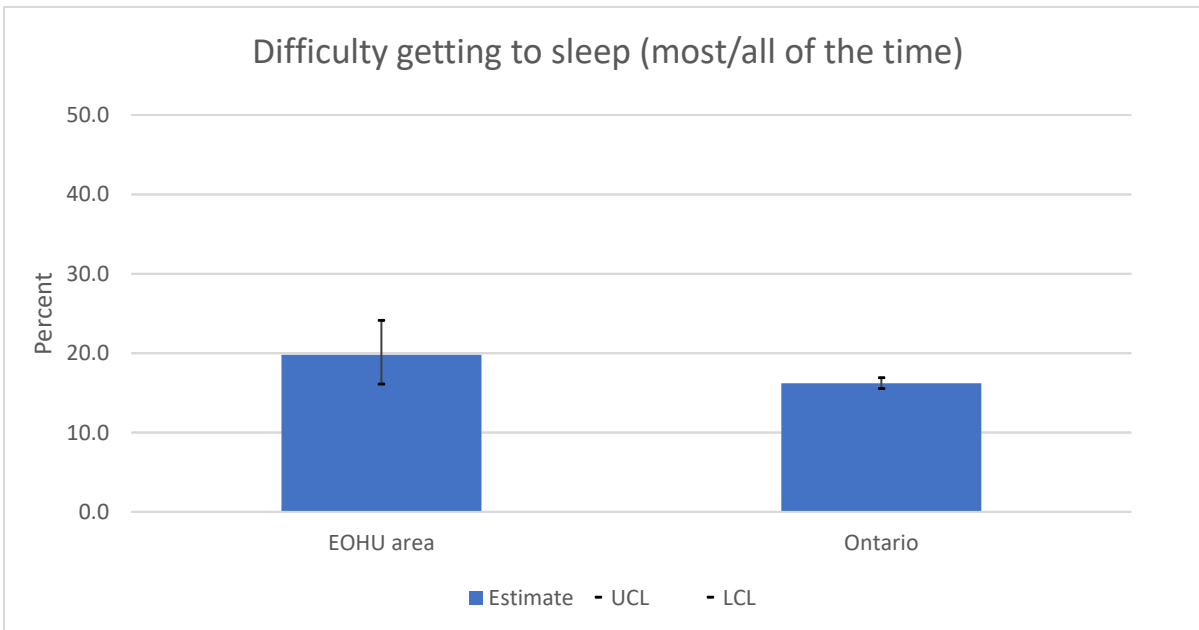


Sleep



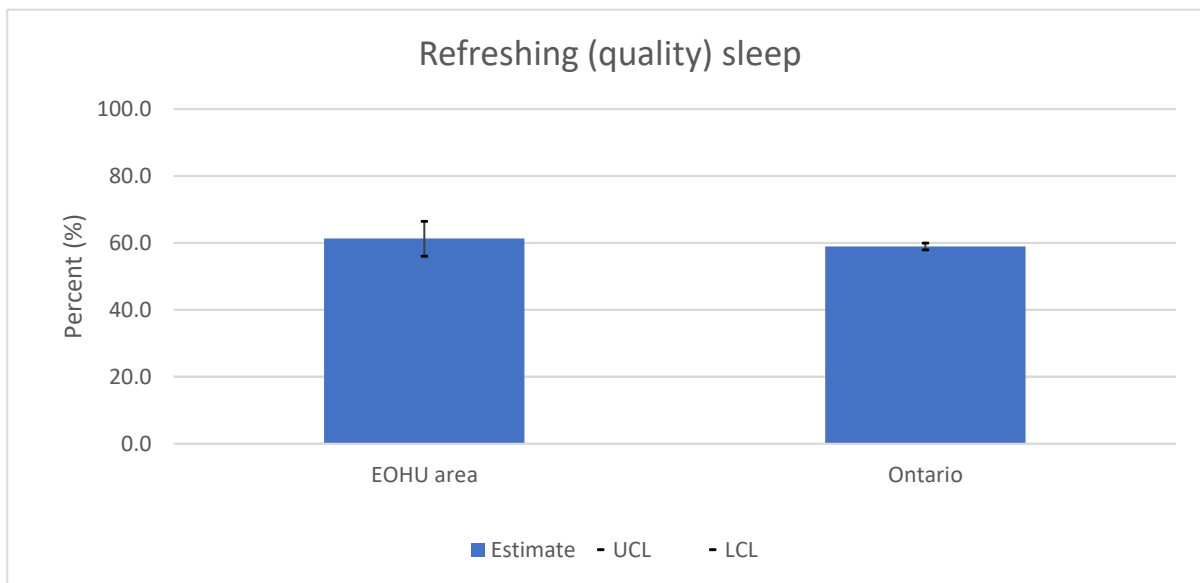
Usual nighttime sleep amount – 7+ hours per night

Percent (LCL, UCL)	Estimate
EOHU area	62.7 (57.2, 67.9)
Ontario	53.6 (52.6, 54.6)



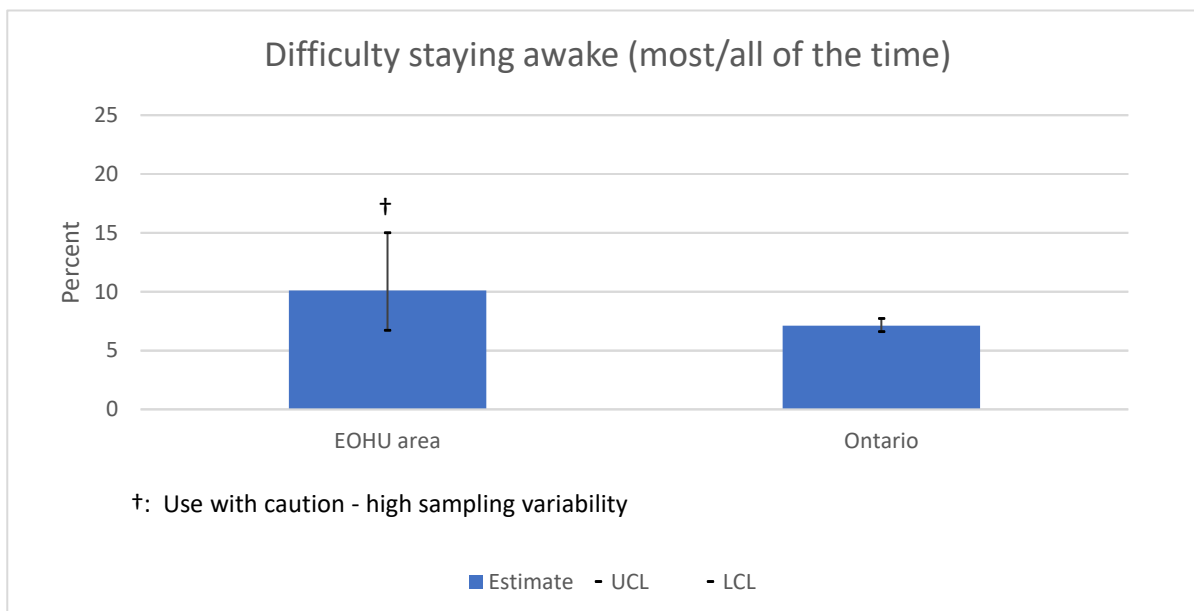
Difficulty getting to sleep – ‘most’ or ‘all’ of the time

Percent (LCL, UCL)	Estimate
EOHU area	19.8 (16.1, 24.1)
Ontario	16.2 (15.5, 16.9)



Sleep quality – ‘mostly’ or ‘always’ refreshing

Percent (LCL, UCL)	Estimate
EOHU area	61.3 (56.0, 66.4)
Ontario	58.9 (57.9, 59.9)



Drowsiness – ‘most’ or ‘all’ of the time

Percent (LCL, UCL)	Estimate
EOHU area	10.1 (6.7, 15.0) ^C
Ontario	7.1 (6.6, 7.7)

^C: Use with caution - high sampling variability