

Health Indicators

Section 3. Mortality and Life Expectancy

Data source: Canadian Community Health Survey (CCHS) – Statistics Canada

Updated: February, 2024

[Description](#)

3.06 Self-Perceived Health Status

Table 01. Self-Perceived Health Status as Very Good/Excellent, EOHU & Ontario, 2009-2020

Very Good/Excellent	EOHU		Ontario	
	#	%	#	%
2009-2010	73118	57.4%	6795728	60.7%
2011-2012	74411	58.0%	6911184	60.5%
2013-2014	67442	53.4%	6956178	59.6%
2015-2016	104890	59.5%	7246501	61.1%
2017-2018	104555	58.9%	7397248	60.6%
2019-2020	113699	62.3%	7788405	61.7%

Data source: Canadian Community Health Survey (CCHS) 2009-2016 – Statistics Canada

Figure 01. Self-Perceived Health Status as Very Good/Excellent, EOHU & Ontario, 2009-2020

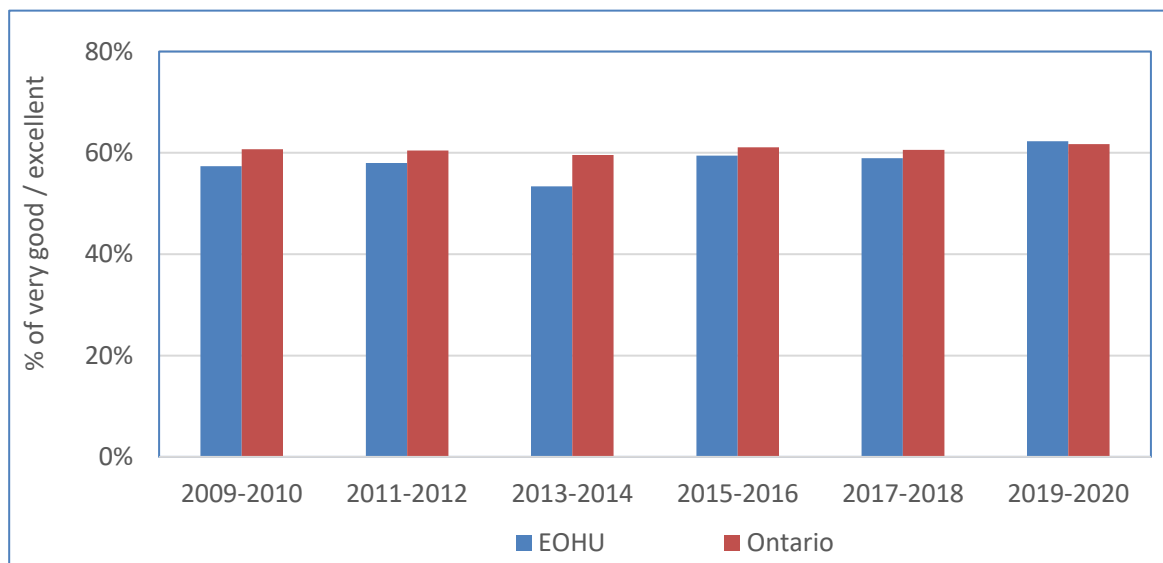


Table 02. Self-Perceived Health Status as Poor/Fair, EOHU & Ontario, 2009-2020

Fair/Poor	EOHU		Ontario	
	#	%	#	%
2009-2010	17610	13.8%	1344180	12.0%
2011-2012	18762	14.6%	1295813	11.3%
2013-2014	22915	18.1%	1368679	11.7%
2015-2016	26994	15.3%	1351551	11.4%
2017-2018	20862	11.4%	1404002	11.1%
2019-2020	23109	13.0%	1371020	11.2%

Figure 02. Self-Perceived Health Status as Poor/Fair, EOHU & Ontario, 2009-2020

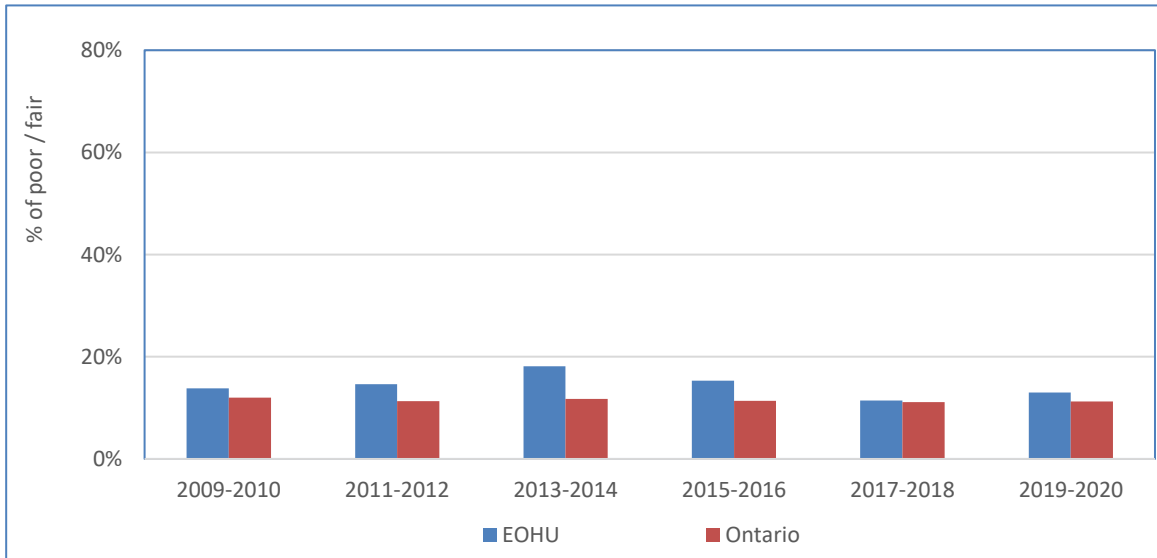


Table 03. Self-Perceived Mental Health as Very Good/Excellent, EOHU & Ontario, 2009-2020

Very Good/Excellent	EOHU		Ontario	
	#	%	#	%
2009-2010	84355	67.5%	8127725	74.1%
2011-2012	88058	70.0%	8132703	72.6%
2013-2014	75996	61.7%	8043302	70.6%
2015-2016	116907	69.4%	8126095	71.1%
2017-2018	119121	70.0%	8117049	69.0%
2019-2020	121021	68.4%	7849505	64.8%

Figure 03. Self-Perceived Mental Health as Very Good/Excellent, EOHU & Ontario, 2009-2020

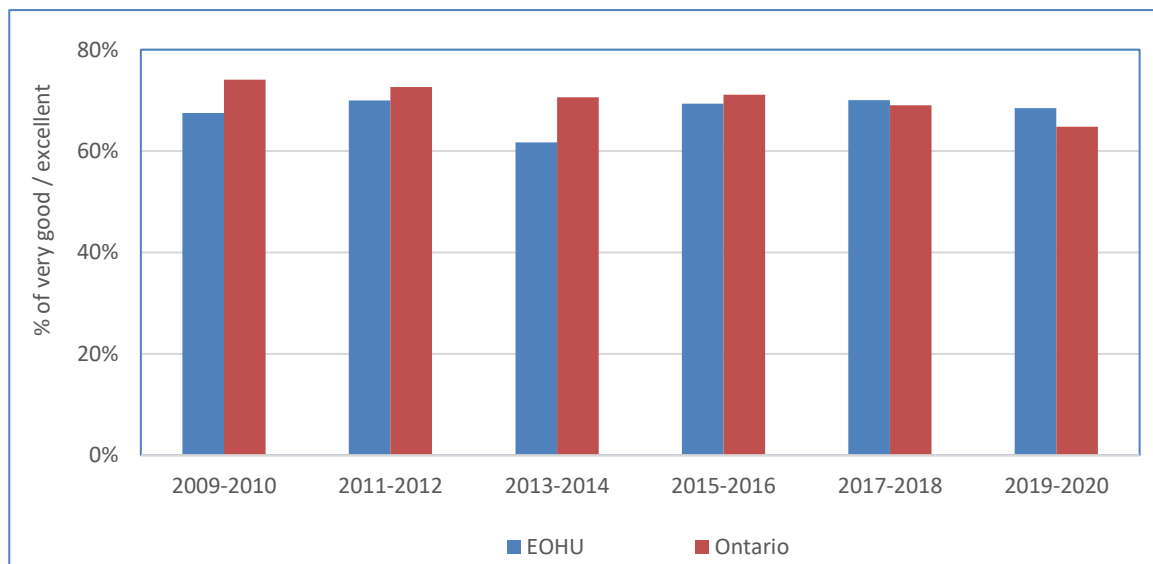


Table 04. Self-Perceived Mental Health as Poor/Fair, EOHU & Ontario, 2009-2020

Poor/Fair	EOHU		Ontario	
	#	%	#	%
2009-2010	7438	6.0%	625535	5.7%
2011-2012	5750	4.6%	697742	6.2%
2013-2014	8617	7.0%	787565	6.9%
2015-2016	13626	8.1%	785859	6.9%
2017-2018	10748	6.1%	1185490	9.8%
2019-2020	11926	7.0%	935539	8.0%

Figure 04. Self-Perceived Mental Health as Poor/Fair, EOHU & Ontario, 2009-2020

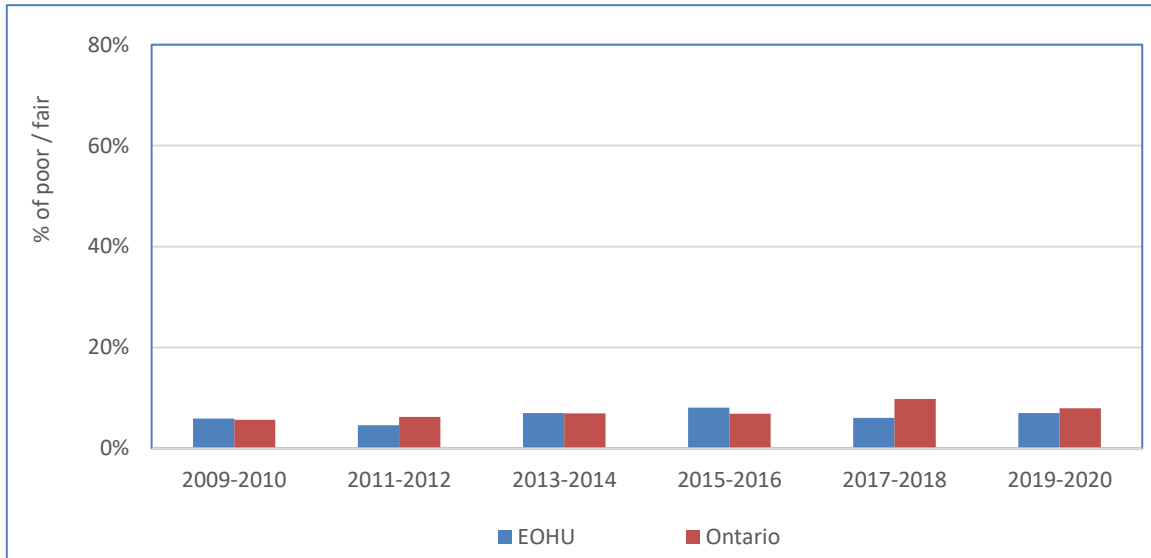


Table 05. Satisfaction with Life in General as Satisfied/ Very Satisfied, EOHU & Ontario, 2009-2020

Very Satisfied/Satisfied	EOHU		Ontario	
	#	%	#	%
2009-2010	110992	90.3%	10003978	91.5%
2011-2012	114996	92.7%	10248875	92.0%
2013-2014	109577	89.6%	10329493	91.0%
2015-2016	153136	91.3%	10497634	92.5%
2017-2018	156471	92.5%	10912766	93.1%
2019-2020	166379	94.2%	11199119	92.8%

Figure 05. Satisfaction with Life in General as Satisfied/Very Satisfied, EOHU & Ontario, 2009-2020

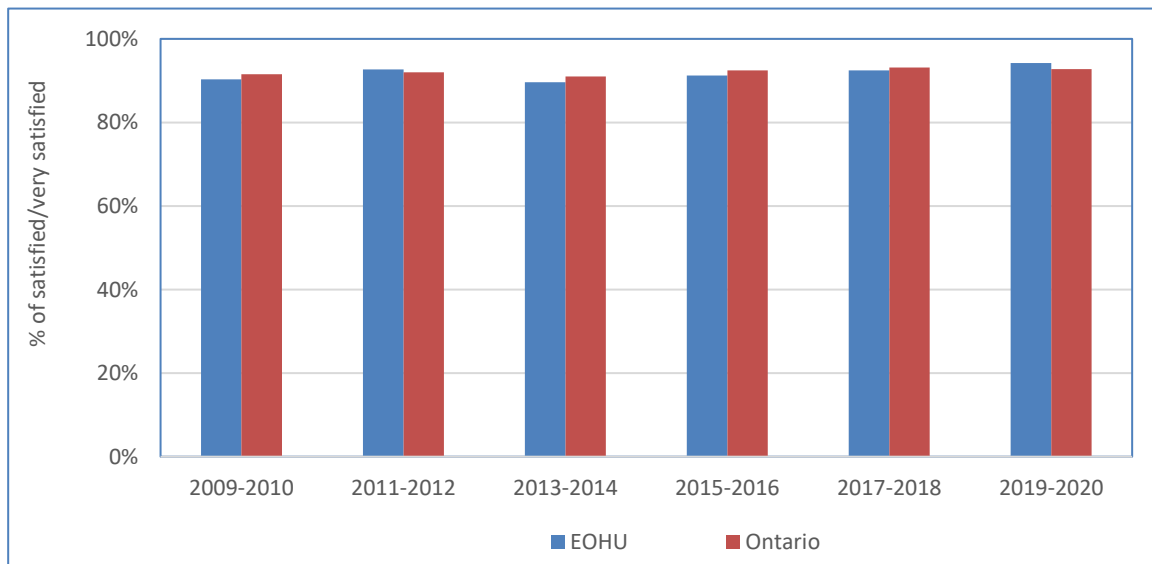


Table 06. Satisfaction with Life in General as Dissatisfied/Very Dissatisfied, EOHU & Ontario, 2009-2020

Dissatisfied/Very Dissatisfied	EOHU		Ontario	
	#	%	#	%
2009-2010	3914	3.2%	319955	2.9%
2011-2012	5297	4.3%	341127	3.1%
2013-2014	4707	3.9%	347665	3.1%
2015-2016	3861	2.3%	314725	2.8%
2017-2018	4363	2.6%	322245	2.7%
2019-2020	6400	3.6%	334503	2.8%

Figure 06. Satisfaction with Life in General as Dissatisfied/Very Dissatisfied, EOHU & Ontario, 2009-2020

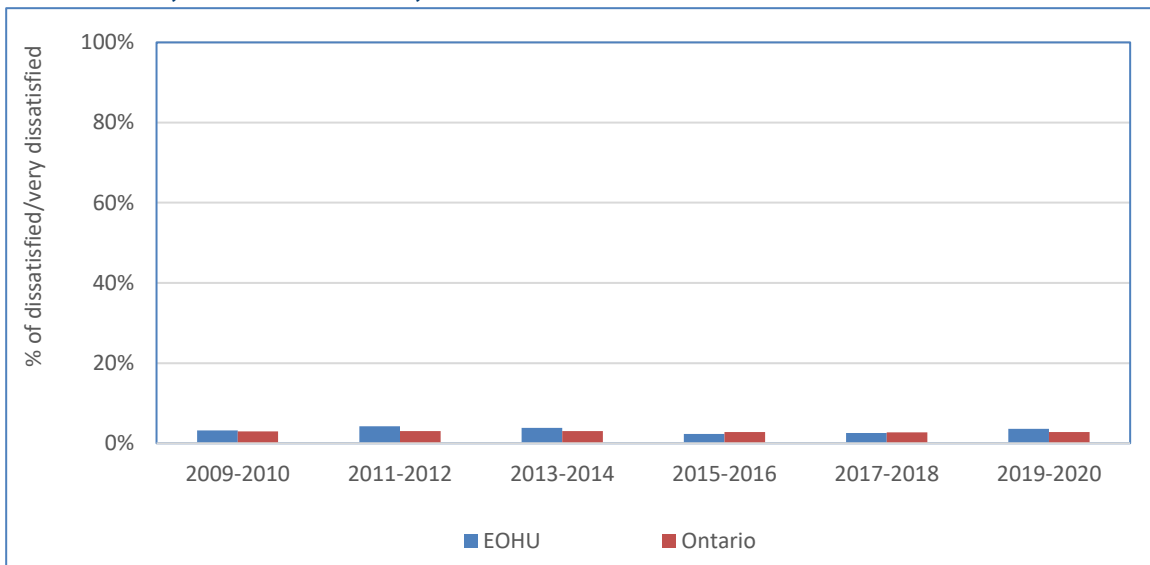


Table 07. Satisfaction with Life in General as Not at all / Not very, EOHU & Ontario, 2009-2020

Not at all/Not very	EOHU		Ontario	
	#	%	#	%
2009-2010	47870	37.7%	3811916	34.1%
2011-2012	47344	36.9%	3959383	34.7%
2013-2014	45564	36.1%	3984620	34.2%
2015-2016	66784	37.9%	4335420	36.7%
2017-2018	69956	39.6%	4545513	37.4%
2019-2020	80355	44.1%	4646165	37.0%

Figure 07. Satisfaction with Life in General as Not at all / Not very, EOHU & Ontario, 2009-2020

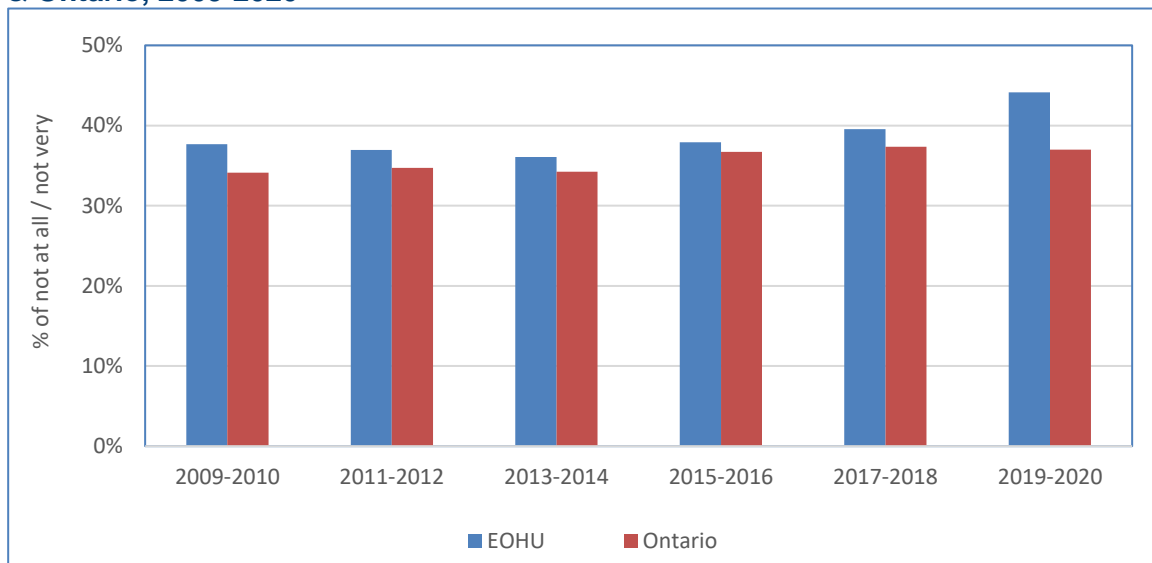


Table 08. Self-Perceived Life Stress as Quite a bit/Extremely, EOHU & Ontario, 2009-2020

Quite a bit/Extremely	EOHU		Ontario	
	#	%	#	%
2009-2010	23248	18.3%	2623940	23.5%
2011-2012	25775	20.1%	2540602	22.3%
2013-2014	25177	19.9%	2576178	22.1%
2015-2016	34151	19.4%	2575275	21.8%
2017-2018	31578	17.9%	2637492	21.7%
2019-2020	45730	25.1%	2632275	20.9%

Figure 08. Self-Perceived Life Stress as Quite a bit/Extremely, EOHU & Ontario, 2009-2020

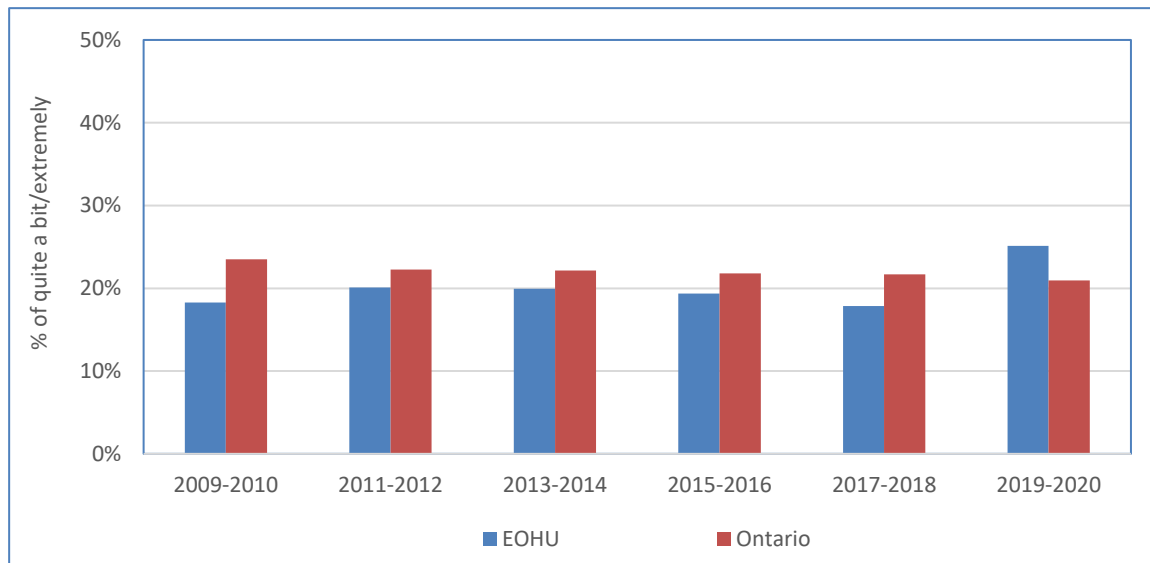


Table 09. Self-Perceived Work Stress as Not at all/Not very, EOHU & Ontario, 2009-2020

Not at all/Not very	EOHU		Ontario	
	#	%	#	%
2009-2010	25152	32.7%	2129090	28.4%
2011-2012	29565	34.1%	2246634	29.9%
2013-2014	23690	29.2%	2161985	28.0%
2015-2016	31448	32.9%	2358856	30.4%
2017-2018	37508	34.4%	2506207	31.6%
2019-2020	35888	32.9%	2484459	31.0%

Figure 09. Self-Perceived Work Stress as Not at all/Not very, EOHU & Ontario, 2009-2020

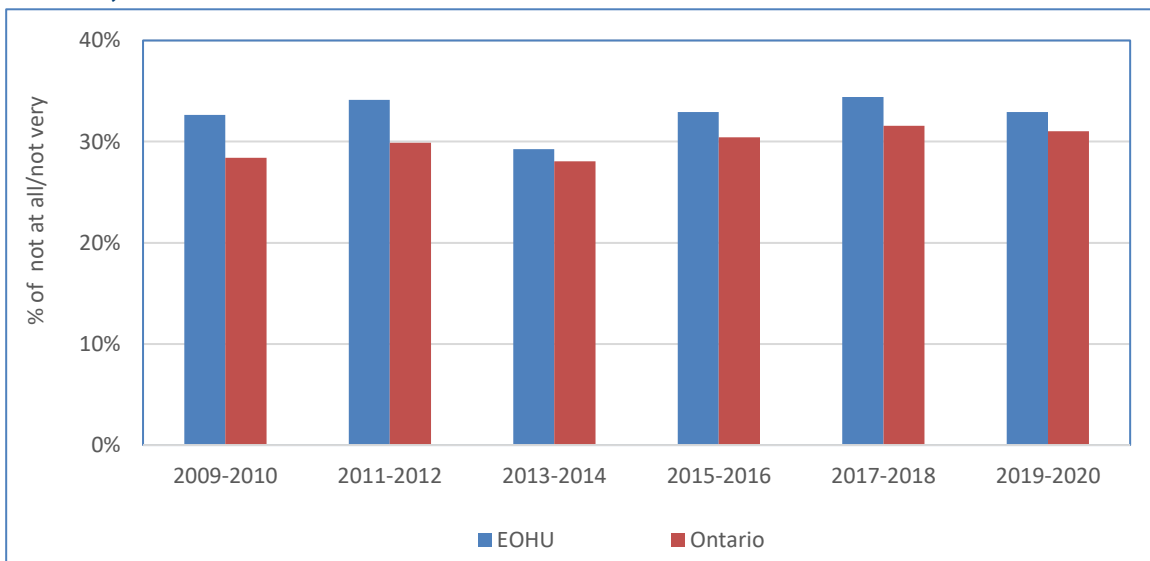


Table 10. Self-Perceived Work Stress as Quite a bit/Extremely, EOHU & Ontario, 2009-2020

Quite a bit/Extremely	EOHU		Ontario	
	#	%	#	%
2009-2010	16405	21.3%	2191963	29.2%
2011-2012	19294	22.3%	2023815	26.9%
2013-2014	21573	26.6%	2133957	27.7%
2015-2016	21640	22.7%	2100322	27.1%
2017-2018	24399	22.4%	2119356	26.7%
2019-2020	33035	30.3%	2176886	27.2%

Figure 10. Self-Perceived Work Stress as Quite a bit/Extremely, EOHU & Ontario, 2009-2020

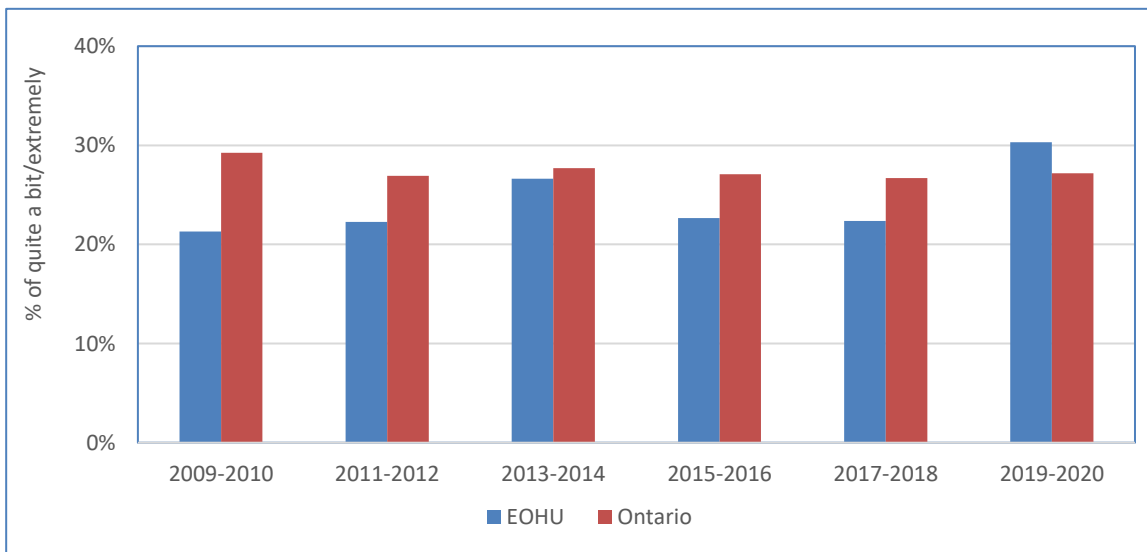


Table 11. Sense of Belonging to Local Community as Strong/Very Strong, EOHU & Ontario, 2009-2020

very strong/somewhat strong	EOHU		Ontario	
	#	%	#	%
2009-2010	95629	76.9%	7312721	67.1%
2011-2012	85983	70.1%	7471180	67.6%
2013-2014	88873	74.6%	7672573	68.0%
2015-2016	117073	70.6%	7991450	70.8%
2017-2018	115605	68.6%	8201444	70.7%
2019-2020	110903	63.8%	8529369	71.2%

Figure 11. Sense of Belonging to Local Community as very strong/somewhat strong, EOHU & Ontario, 2009-2020

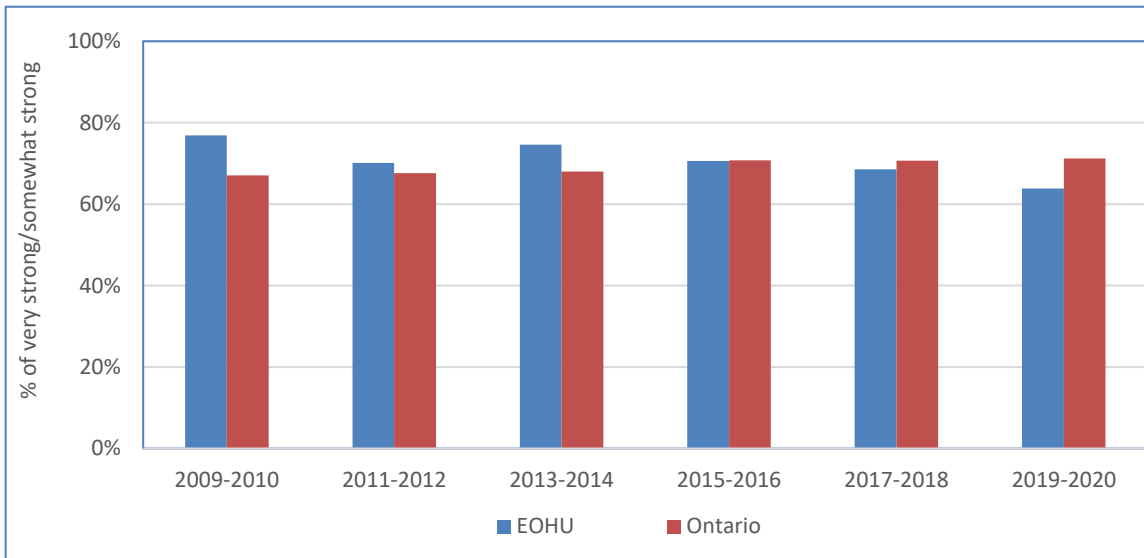
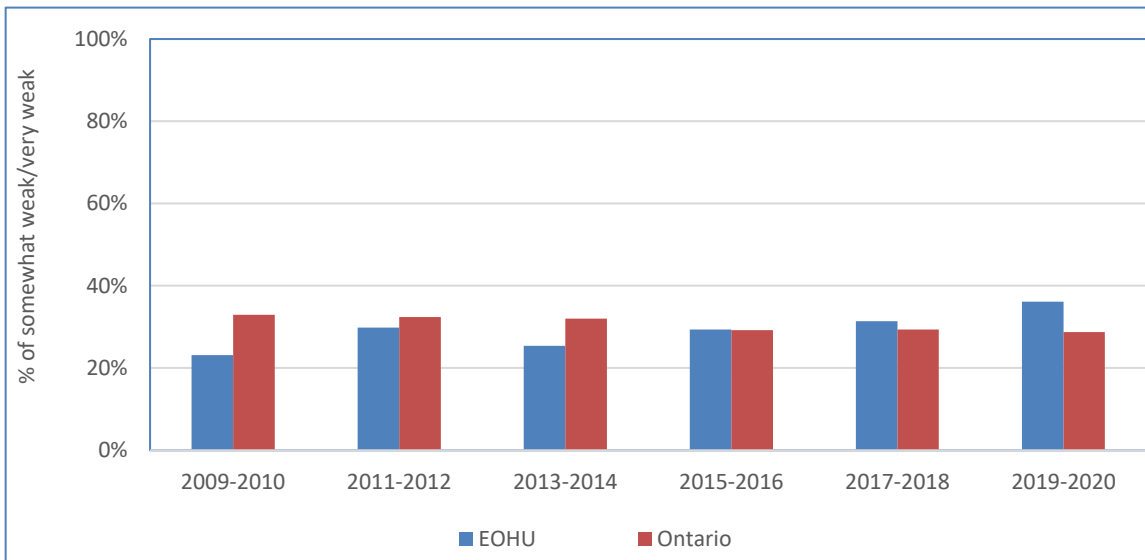


Table 12. Sense of Belonging to Local Community as Weak/Very Weak, EOHU & Ontario, 2009-2020

somewhat weak/very weak	EOHU		Ontario	
	#	%	#	%
2009-2010	28758	23.1%	3587920	32.9%
2011-2012	36629	29.9%	3580539	32.4%
2013-2014	30221	25.4%	3613862	32.0%
2015-2016	48673	29.4%	3300121	29.2%
2017-2018	52965	31.4%	3406929	29.3%
2019-2020	62804	36.2%	3445507	28.8%

Figure 12. Sense of Belonging to Local Community as somewhat weak/very weak, EOHU & Ontario, 2009-2020



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