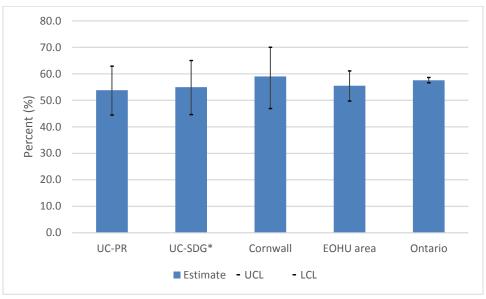
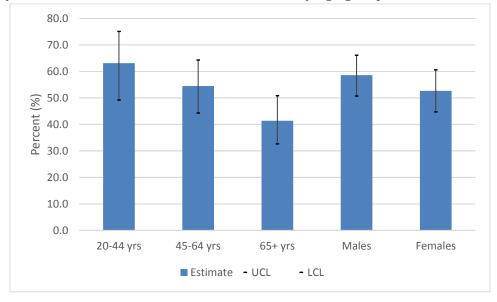
## Adult (18+ years) Physical Activity according to the Canadian Physical Activity Guidelines (CPAG):

'Physically Active at or above recommended level' – EOHU area, its sub-regions, and Ontario



'Physically Active at or above recommended level' - by age group and sex, EOHU area



Source: Canadian Community Health Survey [2015-16], Statistics Canada, Share File, Ontario Ministry of Health and Long-Term Care.