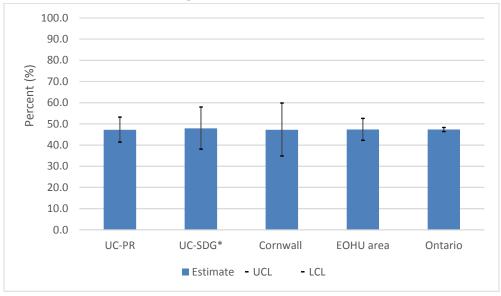
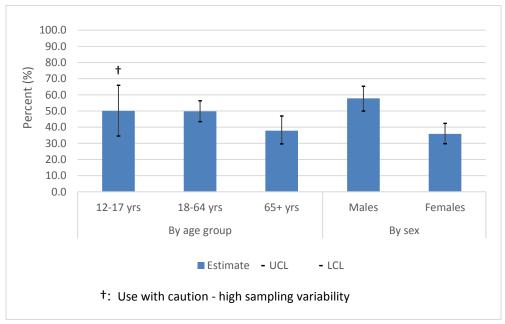
Used information from Canada's Food Guide:

Lifetime use – EOHU area, its sub-regions, and Ontario



Lifetime use – by age group and sex, EOHU area



Source: Canadian Community Health Survey [2015-16], Statistics Canada, Share File, Ontario Ministry of Health and Long-Term Care.