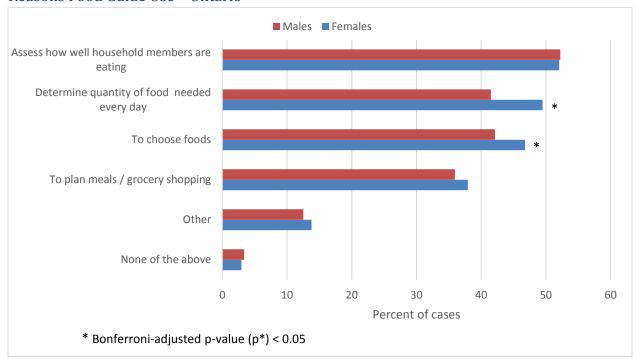
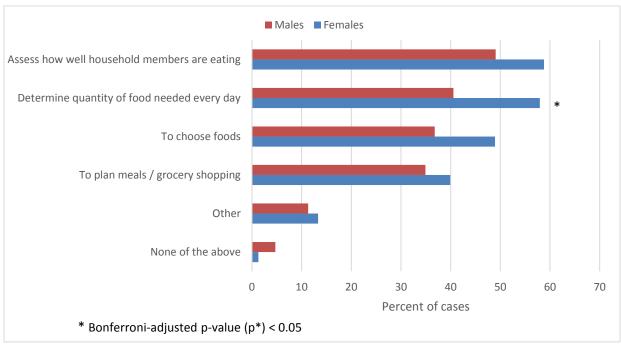
## What did you use the Canada Food Guide information for? (among Food Guide Users, or Potential users):

## Reasons Food Guide Use - Ontario



## Reasons Food Guide Use - EOHU area



Source: Canadian Community Health Survey [2015-16], Statistics Canada, Share File, Ontario Ministry of Health and Long-Term Care.