

## HAND DISINFECTION METHOD

- Apply the disinfectant gel (a squirt the size of a loonie). Flatten hands together, pushing the disinfectant gel toward fingertips of cupped hand, working it into cuticles and nails.
- 2 Rub palm of right hand over back of left hand and palm of left hand over back of right hand with fingers interlaced.
- 3 Rub right thumb clasped in left palm, and vice versa. Rub hands until completely dry.









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If you require this information in an alternate format, please call 1 800 267-7120 and press 0.