

ORDER of the Medical Officer of Health under Section 22 Health Protection and Promotion Act, R.S.O., 1990 Chapter H. 7

Cornwall, November 19, 2020

**THIS ORDER REPLACES AND SUPERSEDES THE ORDER DATED
APRIL 3, 2020**

THIS ORDER IS DIRECTED TO ALL PERSONS RESIDING IN THE UNITED COUNTIES OF STORMONT, DUNDAS & GLENGARRY; THE UNITED COUNTIES OF PRESCOTT-RUSSELL; AND THE CITY OF CORNWALL, WHO:

- 1. ARE IDENTIFIED AS A PERSON DIAGNOSED WITH THE 2019 NOVEL CORONAVIRUS (“COVID-19”);**
- 2. HAVE SIGNS AND SYMPTOMS OF COVID-19, HAVE BEEN TESTED FOR COVID-19 AND ARE AWAITING THE RESULTS OF THEIR TEST;**
- 3. OTHERWISE HAVE REASONABLE GROUNDS TO BELIEVE THAT THEY HAVE SYMPTOMS OF COVID-19; OR**
- 4. ARE A CLOSE CONTACT* OF A PERSON DIAGNOSED WITH COVID-19.**
(**close contact* means you are caring for or living in the same household with someone who has COVID-19 or have otherwise been identified as a close contact by the Eastern Ontario Health Unit).

WHEREAS the World Health Organization has declared a public health emergency as a result of the 2019 Novel Coronavirus declared pandemic;

WHEREAS the Province of Ontario previously declared an emergency pursuant to the *Emergency Management and Civil Protection Act*, R.S.O. 1990, c. E.9 as a result of the COVID-19 pandemic, and has continued various orders previously made under that Act by way of the *Reopening Ontario (A Flexible Response to COVID-19) Act*, 2020, c. 17 (the “**Reopening Act**”);

WHEREAS to contain the spread of COVID-19, individuals experiencing symptoms consistent with COVID-19 or who are infected with COVID-19, as well as their close contacts, are required to isolate themselves from other people until they are no longer infectious or potentially infectious;

WHEREAS isolation ensures that these people will not spread their infection to others;

WHEREAS the Medical Officer of Health of the Eastern Ontario Health Unit, is of the opinion, upon reasonable and probable grounds, that:

- (a) There is an immediate risk of an outbreak of COVID-19 in the area served by the Eastern Ontario Health Unit;
- (b) COVID-19 presents a risk to the health of persons in the area served by the Eastern Ontario Health Unit; and

(c) the requirements specified in this Order are necessary in order to decrease or eliminate the risk to health presented by COVID-19;

WHEREAS the Health Protection and Promotion Act, R.S.O. 1990, c. H.7 (the “HPPA”) provides that an order may be directed to a class of persons; and

WHEREAS the Medical Officer of Health is of the opinion that delivery of notice of this Order to each member of a class of persons is likely to cause a delay that could significantly increase the risk to the health of any person;

NOW THEREFORE, I, Dr Paul Roumeliotis, Medical Officer of Health of the Eastern Ontario Health Unit, order you to take the following actions, effective 11:59PM on 19 November 2020:

- 1. Isolate yourself without delay in accordance with instructions provided by the Eastern Ontario Health Unit. This includes remaining in your home or isolation facility. Do not go outside, unless onto a private balcony or private yard where you can avoid close contact with others. You must not have any visitors into your home except as permitted by the Eastern Ontario Health Unit.**
- 2. Remain in isolation until the expiry of the required period based on your situation:**

	SITUATION	REQUIRED PERIOD
1.	IDENTIFIED AS A PERSON DIAGNOSED WITH THE 2019 NOVEL CORONAVIRUS (“COVID-19”);	<ul style="list-style-type: none"> • Self-isolate for whatever period advised by public health. • You will be contacted by the Eastern Ontario Health Unit (EOHU) to conduct case and contact management. A public health nurse will call you regularly during this period and will advise you on when you can complete your self-isolation.
2.	HAVE SIGNS AND SYMPTOMS OF COVID-19, HAVE BEEN TESTED FOR COVID-19 AND ARE AWAITING THE RESULTS OF THEIR TEST;	<ul style="list-style-type: none"> • Self-isolate while waiting for your test results. • If your test is NEGATIVE, you may stop self-isolating after you have no fever (without using medication) and it has been at least 24 hours since your symptoms have improved.

		<ul style="list-style-type: none"> ○ You should continue to practise physical distancing, wear a face covering (or non-medical mask) when physical distancing is difficult or not possible, wash your hands often and continue to self-monitor and get re-tested if you develop new or worsening sign or symptom. ● If your test is POSITIVE, you can only stop self-isolating when directed to do so by public health (see Situation 1).
3.	<p>HAVE SIGNS AND SYMPTOMS OF COVID-19 (HAVE REASONABLE GROUNDS TO BELIEVE THAT THEY HAVE SYMPTOMS OF COVID-19), HAVE NOT BEEN TESTED FOR COVID-19;</p>	<ul style="list-style-type: none"> ● Self isolate for a 10-day period from symptom onset AND have no fever (without use of medication) for 24 hours and have had improvement of their symptoms for at least 24 hours. Unless otherwise instructed by the Eastern Ontario Health Unit, the 10-day period begins on the day on which you first show symptoms.
4.	<p>ARE A CLOSE CONTACT* OF A PERSON DIAGNOSED WITH COVID-19. <i>(*close contact means you are caring for or living in the same household with someone who has COVID-19 or have otherwise been identified as a close contact by the Eastern Ontario Health Unit).</i></p>	<ul style="list-style-type: none"> ● 14-day period. Unless otherwise instructed by the Eastern Ontario Health Unit, the 14-day period begins on the last day you were a close contact (as defined above). <ul style="list-style-type: none"> ○ You should continue to practise physical distancing, wear a face covering (or non-

		<p>medical mask) when physical distancing is difficult or not possible, wash your hands often and continue to self-monitor</p> <ul style="list-style-type: none"> ○ Get tested as soon as a sign or symptom develops or as directed by public health
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3. **During the self-isolation period, conduct yourself in such a manner as not to expose another person to infection or potential infection from COVID-19 by following infection control instructions on the Eastern Ontario Health Unit website located at: <https://eohu.ca/en/my-health/self-monitoring-self-isolation-and-isolation-instructions-for-covid-19#Self-isolating>, or given to you by the Eastern Ontario Health Unit or any other staff of a health care facility to which you may seek or receive treatment.**

4. **Keep away from vulnerable persons – those are, persons who (a) have an underlying medical condition; (b) have a compromised immune system from a medical condition or treatment; (c) are 65 years of age or older; or (d) are reliant upon a homeless shelter or other congregate living setting.**

5. **Follow any further instructions provided by the Eastern Ontario Health Unit pertaining to COVID-19 and the terms and conditions of this Order.**

6. **The requirements of this Order are subject to necessary modifications for the following persons or class of persons:**
 - a. **a person who, in the opinion of the Medical Officer of Health, is asymptomatic and provides an essential service, for the limited purpose of allowing that person to provide the essential service;**

 - b. **a person receiving essential medical services or treatments, whether or not related to COVID-19; or**

 - c. **where a person’s isolation, in the opinion of the Eastern Ontario Health Unit, would not be in the public interest.**

 - d. **under the strict authority of the Medical Officer of Health.**

This Order comes into effect on the time/date indicated above and will remain in effect until further notice.

Every person to whom this Order is directed is entitled to a hearing by the Health Services Review and Appeal Board (the “Board”) if the person mails or delivers to the Medical Officer of Health and to the Board, within fifteen days after a copy of the order is served on the person, notice in writing requiring a hearing. Notice to the Medical Officer of Health shall be mailed or delivered to: Dr. Paul Roumeliotis, Eastern Ontario Health Unit, 1000 Pitt Street, Cornwall, Ontario, K6J 5T1. Notice to the Board shall be mailed or delivered to: Health Services Review and Appeal Board, 151 Bloor Street West, 9th Floor, Toronto, Ontario, M5S 2T5 (telephone: 416-327-8512). Be advised that although a hearing may be requested, this Order takes effect immediately.

Inquiries regarding this Order shall be directed to the Eastern Ontario Health Unit at 613-933-1375, ext. 1201, or by fax at 613-938-9707.

Failure to comply with this Order is an offence to which you are liable on conviction to a fine of not more than \$5000.00 for an individual or \$25,000.00 for a corporation for every day or part of a day on which the offence occurs or continues.

Original copy signed by Dr. Paul Roumeliotis.

Dr. Paul Roumeliotis, M.D., C.M., M.P.H., F.R.C.P.(C)
Medical Officer of Health/CEO
Eastern Ontario Health Unit